

Subject: A Level Physical Education

Level: 3

Entry Requirements

You will need to have grade 4 or above in GCSE in Maths and English. It would be an advantage to have taken GCSE PE or BTEC Sport at KS4. Entry onto the course may require you undertaking an interview with the course leader.

Who is the course for?

This is a course for everybody who is an enthusiast for sport in general and a specific game in particular. It is for those who want to learn more about the many different roles in sport – for example as performer, coach, or official. It is for all who are determined to study something which they actually enjoy doing themselves. It is for you, if you are keen to learn all you can about some of the fascinating theoretical and practical dimensions to this multi-billion, multi-media, multi-disciplinary industry.

How will I learn?

We all learn from each other. We learn by sharing experiences, observations and ideas. We learn by participating to the full in the classroom, on the playing field, and during independent study. We learn in many ways different ways – for example in simple group exercises as also in complex activities involving sophisticated technology and equipment at university sports laboratories. This course teaches us to apply basic scientific principles across a range of activities and environments.

Further Education & Career Pathways:

Sport offers a huge variety of employment and training opportunities. You can work as player, coach, teacher, trainer, official, administrator, manager, or support staff. You can work in fund-raising, media and marketing, physiotherapy and rehabilitation, health and social, or research and development. Wherever this qualification leads, be it a job after Sixth Form College or a sports-related University Degree Course, A-Level PE will equip you with a broad set of practical skills, which employers and university admission tutors recognise and respect, and which you will find very valuable whatever your path in life.

Course Outline

Subject Content:

1. Applied anatomy and physiology
2. Skill acquisition
3. Sport and society
4. Exercise physiology
5. Biomechanical movement
6. Sport psychology
7. Sport and society and the role of technology in physical activity and sport

Assessments

Paper 1: Factors affecting participation in physical activity and sport

What's assessed

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

How it's assessed Written exam: 2 hours 105 marks 35% of A-level

Paper 2: Factors affecting optimal performance in physical activity and sport

What's assessed

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

How it's assessed Written exam: 2 hours 105 marks 35% of A-level

Non-exam assessment: Practical performance in physical activity and sport

What's assessed

Students assessed as a performer or coach in the full sided version of one activity.

Plus: written/verbal analysis of performance.

How it's assessed Internal assessment, external moderation (90 marks) 30% of A-level

Your teacher/s

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